

# ENERGY SAVINGS: WE NEED YOUR HELP

We are competing in a national competition to reduce energy use in our building!

## Follow these tips to start saving energy:

1. **POWER MANAGEMENT:** Use power management settings on computers and monitors when not in use. Make sure office copiers and printers are set to sleep mode. Use a power strip as a central turn off point in your office to make it easier to shut down.
2. **UNPLUG:** Unplug electronics like cell phones, music players, and laptops once they are charged. Adapters use energy even if the device is fully charged, and if the electronic device has been unplugged from the charger.
3. **AIR FLOW:** Keep air vents clear of any debris. It can take as much as 25% more power to pump air into the workspace if the vents are blocked.
4. **GROUP APPLIANCES:** Share appliances like coffee makers, hot pots, microwaves and refrigerators with the office. Every added appliance to an office uses electricity simply by being plugged in.
5. **HEATING AND COOLING:** Direct sunlight coming through windows can cause a room to heat up significantly. Lower your blinds in the summer to keep your office cooler, and use the sun to your advantage in the winter to help heat your office.

Find more tips and track our progress at [energystar.gov/BattleOfTheBuildings](http://energystar.gov/BattleOfTheBuildings)



# BATTLE OF THE BUILDINGS

EPA'S NATIONAL BUILDING COMPETITION

